

Spine Surgeon | Orthopaedic Surgeon

Suite 16a, Bld B Nucleus Medical Suites 23 Elsa Wilson Drive Buderim, QLD, 4556

PO Box 5536 Maroochydore BC f: +61 7 5444 7616 QLD 4558 Australia

t: +61 7 5444 7579 admin@sunshinecoastspine.com.au www.sunshinecoastspine.com.au

NEW PATIENT REGISTRATION FORM						
Please ensure you fill out where appropriate.						
Title: Given names:		Last name: D.O.B:		D.O.B:		
Address:		Suburb:	State:	Postcode:		
PO Box:		Suburb:	State:	Postcode:		
Email:		Home Phone: ( )	·			
		Work Phone: ( )				
Mobile Number:		SMS Notifications of	appointment: (pl	ease circle) YES NO		
Marital Status:		Occupation:				
Next of Kin: Name:		Relationship:	Home phor	ne: ( )		
			Mobile Nur	nber:		
Department of Veterans Affairs:	YES NO	Medicare Number:				
Please Circle: Gold Card W	hite			_		
Card DVA Number:		Ref Number: (next to	o name)	Exp:		
Pension: YES NO		Private Health Fund	: YES NO	Level of Cover:		
Please Circle: Aged Disability Heal	th Care Card	Name of Fund:				
Pension						
Number: Exp:		Membership Numbe	er:			
		Referring Doctor Deta				
	e Dr Finch you	u will need a valid refe	erral from a medic	cal professional.		
Referring Practitioner:						
Clinic:						
Address:						
Is your referring practitioner your regular GP? Please Circle: YES NO						
If NO, your regular GP:						
Clinic:						
Address:						

If your case is under the jurisdiction of Workcover could you pleae provide us with your Medicare number, Health Fund and pension details.



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Work Cover, Motor Vehicle Accident and/or Insurance Companies: Please note that it is your responsibility to provide us with all of these details.							
Is your condition related to a c	urrent compensatio	on clain	n or Work Cove	r Clair	<b>n?</b> Please Circle:	YES	NO
Type of Claim: Empl		mploye	er:				
Name of Work Cover/Insurer:		C	laim Number:				
Case Manager:	Address:	I			Direct Phone:		
					Direct Fax:		
					Direct Pax.		
		Lawyei	rs:				
Do you have lawyers represen	ting you on this clair	<b>m:</b> Pleas	e Circle: Y	ES	NO		
Name:							
Address:			Tel:				
				Fax:			

# Your Information and Privacy Disclosure:

This practice, by necessity, collects personal and intimate details about its patients. Often patient's relatives and friends call to enquire about patient's wellbeing or to offer assistance in the patient's care. Please select the most appropriate box below:

- □ I **DO NOT** want any information about my being a patient in this practice communicated to any family members or friends. I want to be the ONLY person who communicates with the practice about my medical condition.
- □ I freely give my consent for this practice to communicate to family members and friends about the fact that I am patient of this practice and to discuss my health and personal information relating to my being a patient of this practice as the need arises.

This practice collects personal information about its patients. By filling out our forms containing your information you are giving your consent for this practice to collect and store information about you. We regard your information as confidential. As a patient of this practice you are entitled to know what information is used to communicate, as required, with other members of the practice and other practitioners involved in your care to diagnose and treat your condition, and to administratively make you a patient of this practice.

l,	consent	to	the	use	and	disclosure	of	my
personal information as outlined above.								

Signed: Date:



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## History...Please Tell me all about your problem (s).....was there an accident?

## Have you had any treatment for your back or neck problem described above? what was it ?

Type of treatment

#### date or number of treatment(s)

Physiotherapy/pilates	
Spinal injections	
Spinal Surgery	
Acupuncture	
Chiropractic care	
Other	

# Current Status.....How are you feeling today?

#### **Present Work Status**

Are you currently working? Y / N If no when did you last work?

What jobs have you had in your life?

# Name of your job / profession

length of employment (years)

Have you ever had any other workers compensation or insurance claims? Y / N



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If yes please describe...

## Present daily Activities and hobbies eg sport? Can you do the following....

Activity	Yes	No	sort of
Play sport			
Dress yourself			
Put on shoes			
Clean the house			
Cook meals			
Do the dishes			

Is there anything else you can't do that you would like to because of your spine?

## Family history: do any medical conditions run in the family?

#### Past medical history: do you have any medical conditions?

Please tick yes or no

	Yes	No
Asthma		
Diabetes		
Heart problems		
High blood pressure		
Lung problems		
Depression		
Arthritis		
Kidney problems		
Cancer of any type (now or in the past)		
If yes what type?		
Anything else?		

How many glasses of have each week??	alcohol do you

# Personal Social History:

Who is at home with you?



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place/surgeon

#### List any operations you have had (if any)

Spinal surgery (Neck or lower back)	Date	place/surgeon

Any other type of surgery (eg appendix, abdominal etc.. ) Date

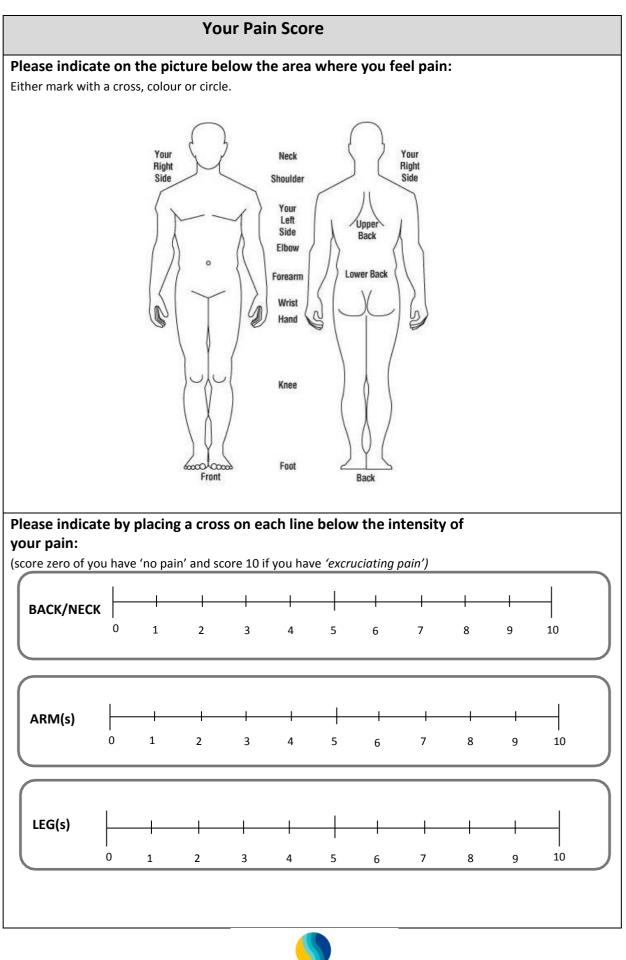
# Medications: Please list all your medications and dose if you can remember!!

Medication	Dose

Are you allergic to any medications Y / N If yes please list them...

# **Investigations** have you had any of the following tests/scans? When were they done?

Investigation	tick for yes	date (s)
X Rays		
CT Scan		
MRI Scan		
Bone Scan		
Myelogram		
Discography		
Blood tests		
Any others??		



SUNSHINE COAST SPINE & ORTHOPAEDICS Name:

\_Date:\_\_\_\_/

## **OSWESTRY QUESTIONNAIRE:**

# Instructions:

This questionnaire has been designed to give us information as to how your back or leg pain is affecting your ability to manage your everyday life. Please answer by ticking ONE box in each section for the statement which best applies to you. We realise you may consider that two or more statements in any one section apply but please just shade out the spot that indicates the statement which most clearly describes your problem.

Sect	ion 1 – Pain intensity	Section 3 – Lifting
	I have no pain at the moment	I can lift heavy weights without extra pain
	The pain is very mild at the moment	□ I can lift heavy weights but it gives me extra pain
	The pain is very moderate at the moment	□ Pain prevents me from lifting heavy weights off the
	The pain is fairly severe at the moment	floor, but I can manage if they are conveniently placed e.g. on a table
	The pain is very severe at the moment	Pain prevents me from lifting heavy weights, but
	The pain is the worst imaginable at the moment	I can manage light to medium weights if they are conveniently positioned
		I can lift very light weights
		I cannot left or carry anything at all
Sect	tion 2 – Personal care (washing, dressing etc)	Section 4 – Walking
	I can look after myself normally without	Pain does not prevent me walking any distance
	causing extra pain	□ Pain prevents me from walking more than 2
	I can look after myself normally but it causes extra pain	kilometres
	It is painful to look after myself and I am	<ul> <li>Pain prevents me from walking more than 1 kilometre</li> </ul>
	slow and careful	Pain prevents me from walking more than 500
	I need some help but manage most of my	metres
	personal care	I can only walk using a stick or crutches
	I need help every day in most aspects of self-care	I am in bed most of the time
	I do not get dressed, I wash with difficulty and stay in bed	



Sec		OSWESTRY LOW BACK PAIN DISABILITY QUESTIONNAIRE:		
Section 5 – Sitting		Section 8 – Employment/ Homemaking		
	I can sit in any chair as long as I like	<ul> <li>My normal homemaking/job activities do not cause pain</li> </ul>		
	I can only sit in my favourite chair as long as I like	<ul> <li>My normal homemaking/job activities</li> <li>increase my pain, but I can still perform</li> </ul>		
	Pain prevents me sitting more than 1 hour	all that is required of me		
	Pain prevents me from sitting more than 30 minutes	<ul> <li>I can perform most of my duties, but pain stops me from doing more physical activities</li> </ul>		
	Pain prevents me from sitting more than 10 minutes	Pain prevents me from doing anything but light duties		
	Pain prevents me from sitting at all	<ul> <li>but light duties</li> <li>Pain prevents me from doing even light duties.</li> </ul>		
		<ul> <li>Pain prevents me from performing any job or homemaking chores.</li> </ul>		
Sec	tion 6 – Standing	Section 9 – Social life		
	I can stand as long as I want without extra pain	My social life is normal and gives me no extra pain		
	I can stand as long as I want but it gives me extra pain	My social life is normal but increases the degree of pain		
	Pain prevents me from standing for more than 1 hour	Pain has no significant effect on my social life apart from limiting my more energetic interests eg, sport		
	Pain prevents me from standing for more than 30 minutes	<ul> <li>Pain has restricted my social life and I do not go out as often</li> </ul>		
	Pain prevents me from standing for more than 10 minutes	<ul> <li>Pain has restricted my social life to my home</li> </ul>		
	Pain prevents me from standing at all	I have no social life because of pain		
Section 7 – Sleeping		Section 10 – Traveling		
	My sleep is never disturbed by pain	I can travel anywhere without pain		
	My sleep is occasionally disturbed by pain	<ul> <li>I can travel anywhere but it gives me extra pain</li> </ul>		
	Because of pain I have less than 6 hours sleep	<ul> <li>Pain is bad but I manage journeys over two hours</li> </ul>		
	Because of pain I have less than 4 hours sleep	<ul> <li>Pain restricts me to journeys of less than 1 hour</li> </ul>		
	Because of pain I have less than 2 hours sleep	<ul> <li>Pain restricts me to short necessary journeys under 30 minutes</li> </ul>		
	Pain prevents me from sleeping at all	<ul> <li>Pain prevents me from traveling except to receive treatment</li> </ul>		

# **ROLAND-MORRIS QUESTIONNAIRE**

When your back hurts, you may find it difficult to do some of the things you normally do.

This list contains sentences that people have used to describe themselves when they have back pain. When you read them, you may find that some stand out because they describe you *today*.

As you read the list, think of yourself *today*. When you read a sentence that describes you today, put a tick in the box against it. If the sentence does not describe you, then leave the box blank and go on to the next one. Remember; only tick the sentence if you are sure it describes you today.

- □ I stay at home most of the time because of my back.
- □ I change position frequently to try and get my back comfortable.
- □ I walk more slowly than usual because of my back.
- □ Because of my back I am not doing any of the jobs that I usually do around the house.
- □ Because of my back, I use a handrail to get upstairs.
- □ Because of my back, I lie down to rest more often.
- □ Because of my back, I have to hold on to something to get out of an easy chair.
- □ Because of my back, I get other people to do things for me.
- □ I get dressed more slowly than usual because of my back.
- □ I only stand for short periods of time because of my back.
- □ Because of my back, I try not to bend or kneel down.
- □ I find it difficult to get out of a chair because of my back
- □ My back is almost is painful almost all the time.
- □ I find it difficult to turn over in bed because of my back.
- □ My appetite is not very good because of my back pain.
- □ I have trouble putting on my socks (or stockings) because of the pain in my back.
- □ I only walk short distances because of my back.
- □ I sleep less because of my back.
- □ Because of my back pain, I get dressed with help from someone else.
- □ I sit down for most of the day because of my back.
- □ I avoid heavy jobs around the house because of my back.
- □ Because of my back pain, I am more irritable and bad tempered with people than usual.
- □ Because of my back, I go upstairs more slowly than usual.
- □ I stay in bed most of the time because of my back.